
Parotidectomy or Neck Mass Post-operative Instructions

- **FOLLOW-UP VISITS**

- Your Surgeon will advise you when to schedule your follow-up appointment after your surgery. He may want to see you in the office the day after your surgery if a drain was used.

- **ACTIVITY**

- We encourage rest and quiet activities for the first few days after your surgery.
- Your Surgeon will advise you when you can return to work.
- You may shower or bathe, but keep the wound dry.

- **MEDICATIONS**

- You will be given a prescription for pain medication at your pre-surgical office visit. Please get the prescription filled prior to your surgery date.

- **DIET**

- There are no dietary restrictions after your surgery. However, you may want to start with liquids and soft foods before progressing to your regular diet. If you are experiencing any facial weakness, you should place your food on the unaffected side of your mouth. Manually remove food from the affected side of the mouth.
- Rinse oral cavity after meals.

- **GENERAL**

- You can expect some facial weakness or numbness after your surgery.
- Please report to your Surgeon complete inability to close your eye.
- Avoid extreme heat or cold.
- Use only an electric razor and avoid the use of a hairdryer.
- Report to your Surgeon any redness, swelling, or heat at the incision site.
- It is normal to have some drainage from the incision.
- Report any change in the amount or consistency of drainage from the incision.
- Clean the surgical incision with hydrogen peroxide every 12 hours. After you clean the suture line, apply Bacitracin ointment.
- Please note any temperature elevation. If temperature is over 101 degrees orally, **and does not respond to medication**, call your Surgeon.

If you have any questions or problems related to your procedure, please call your Surgeon's office.